

# The Parenting Challenge: from Ideal to Good Enough



With **Dr Lowijs Perquin**,  
Pesso-Boyden therapist and trainer.

**Lecture & Demonstration**  
**Sunday 10<sup>th</sup> January 2010**  
**The American International**  
**University,**  
**Richmond-upon-Thames**

## **An Opportunity to Explore Current Thinking in Child Development**

Our childhood experiences of parenting are a crucible for the habits and attitudes we develop in adult life. Pesso-Boyden Therapy offers a unique approach to understanding the dynamics of the parenting process, and how important it is to have our developmental needs met 'at the right time and in the right kinship relationship'.

Dr Perquin will discuss the impact of parenting on the developmental process and the use of 'ideal antidoting' as a technique for healing deficits and trauma in early life. He will also present the theory of 'Holes-in-Roles' which examines the specific challenge of dealing with the resistance to healing and love in adult life that can be caused by inappropriate emotional demands in the early years.

***"The impact of early upbringing and parenting has far-reaching consequences on all of us in our daily lives as adults. This makes the topic of parenting essential for parents, teachers, managers and all those who develop other people – giving insight into our own patterns as well as a better understanding of the needs of the children and adults for whom we are responsible."***

To illustrate these themes, Dr Perquin will also offer several demonstration sessions (known as 'structures') in the Pesso-Boyden therapeutic system.

**Who should attend: Anyone who is interested.** The day is open to all, be they members of the public who are interested, parents who want to learn about family dynamics, or those who are currently working as therapists or in the arena of coaching and personal development.

## **About Lowijs Perquin**

Lowijs Perquin is Director of Education and lecturer at the Faculties of Medicine and Psychology of the 'Vrije Universiteit' in Amsterdam. Trained as a medical clinician and psychiatrist, he is a Certified Pessso-Boyden Therapist, Supervisor and Trainer and works as a psychotherapist and educator across a range of clinical and organizational practice. He leads Pessso-Boyden training groups in Holland, Germany and UK. Lowijs has worked in the field of clinical psychotherapy and personal development for over thirty years.

**Time: 10am for 10.15am Start. Finish at 5pm**

**Venue: The American International University  
Queen's Road, Richmond-upon-Thames,  
Surrey TW10 6JD**

**Cost: £110.00 payable in advance  
Early Bird Discount £95.00 before 1<sup>st</sup> December  
Includes refreshments and lunch**

## **To Book your place**

**[Pay by credit card click here](#)**

**[www.pesso-uk.org](http://www.pesso-uk.org)**

**Or send your cheque payable to 'PBSP UK' to:**

**Jon Chapman (organiser)**

**1 Fairsford Place, Cambridge CB1 2QS**

**Email: [jon.chapman@btinternet.com](mailto:jon.chapman@btinternet.com) Tel: 07941 692793**

**PBSP-UK is a not-for-profit organisation**

**Cancellations:** Cancellations made more than 21 days before the event will receive the money paid less a 12% handling charge. No refunds given within 21 days of the event. In the event of us having to cancel, your monies will be fully refunded.

## **Directions**

**By Car:** From the A316 join Manor Road, which becomes Queens Road.

Follow Queens Road until you reach the entrance of Richmond University on the right hand side, opposite the "Lass O' Richmond Hill" Pub.

**By Train / Tube:** Take a train or tube to Richmond Station. Outside the station take the **371 Bus** destined for Kingston. Get off at the bus stop at the top of Queens Road before the "Lass O' Richmond Hill" Pub. The University Entrance is opposite the pub.

**Alternatively,** at Richmond Station, take a **Taxi** asking to go to "Richmond, The American International University, at the top of Queens Road"